Daily Visual Schedule Template

Use a daily schedule to show the major events of their day. You don't want it to get too long and difficult for them to follow. This can help them stay on track and reduce their anxiety regarding transitions and how the day is going to go. You will likely need to create this yourself at first, but you can encourage them to participate in setting up their schedule going forward.

Visual schedules can also be used as a general schedule to depict:

- The schedule of the day to discuss at home before school.
- An at-school schedule, including arrival and departure information.
- A sub-schedule for a specific activity at school (e.g., PE, time in the regular classroom, a craft project, lunch, or potty time).
- A new routine or change in routine (instead of driving home after school, you are going to Grandma's house).
- A possibly difficult routine, such as a visit to the doctor or dentist's office.
- The steps to learning a new skill.

Example pictures:

get up   bath   get dressed   breakfast

Daily Visual Schedule For: _____

Time	Activity	Picture/Icon	Done