First-Then Board

First	Then

Instructions: Add text or pictures in each box to show what needs to happen first and what comes next as a reward or next step.

You can print it and add images or text in each box—or laminate it and use dry-erase markers or Velcro pieces for reusability.

Example routines might be:

"First: Homework, Then: Snack"

"First: Get Dressed, Then: Play Outside"