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# Event Agenda

17th NFXF International Fragile X Conference Virtual Series - Premutation Carrier Issues

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## Sat, Jun 27, 2020

7:00 AM - 7:00 AM	<b>Pre-Conference Q &amp; A and Whoova How-to</b>
10:00 AM - 10:15 AM	<b>Welcome</b> Speaker: Linda Sorensen
10:15 AM - 10:45 AM	<b>Keynote- Health concerns for women premutation carriers: FXPOI and beyond</b> Speaker: Emily Allen, PhD
10:45 AM - 11:15 AM	<b>Keynote - Peter Todd, MD, PhD - CGG repeats as drivers of disease and targets for therapy in Fragile X associated disorders</b> Speaker: Peter Todd, MD, PhD
11:15 AM - 11:20 AM	<b>Social</b>
11:20 AM - 12:10 PM	<b>Fragile X-associated Tremor Ataxia Syndrome 101</b> Speakers: Deborah Hall, Maureen Leehey
12:10 PM - 12:20 PM	<b>Social</b>
12:20 PM - 1:40 PM	<b>Reproductive and Gynecologic Care for Women with the Fragile X Premutation</b> Speaker: Heather Hipp, MD ; Panelist: Jennifer Barber, RN, Keiko Mathewson
1:40 PM - 1:45 PM	<b>Social</b>
1:45 PM - 2:55 PM	<b>Fragile X-Associated Tremor Ataxia Syndrome Panel</b> Speakers: Deborah Hall, Maureen Leehey, Peter Todd, MD, PhD ; Panelist: Nancy Hertzig
2:55 PM - 3:00 PM	<b>Social</b>
3:00 PM - 3:15 PM	<b>A Premutation Research Registry: Getting involved to help advance our understanding and future treatment of FXTAS and other premutation issues</b> Speakers: David Hessel PhD, Robert Miller
3:15 PM - 3:20 PM	<b>Social</b>
3:20 PM - 4:45 PM	<b>Premutation Carriers - The Latest</b> Speaker: Randi Hagerman, MD
4:45 PM - 6:00 PM	<b>Premutation Carrier Concerns Panel</b> Speakers: Randi Hagerman, MD, Heather Hipp, MD, Emily Allen, PhD, Marsha Mailick
6:00 PM - 6:05 PM	<b>Final Thoughts</b> Speaker: Linda Sorensen
7:00 PM - 8:00 PM	<b>Fragile X &amp; IVF: The Road We Traveled</b> Speaker: Jennifer Barber, RN
7:00 PM - 8:00 PM	<b>IVF? PGD? - My personal journey as a Premutation Carrier of navigating the different paths to having a Biological Family was confusing, discouraging, joyful and more.</b> Speaker: Keiko Mathewson

- 7:30 PM - 8:30 PM**                      **Women with Fragile X-associated Tremor/Ataxia Syndrome – an update on clinical criteria**  
Speaker: Andrea Schneider, PhD.
- 8:00 PM - 9:00 PM**                      **FXTAS & the Family**  
Speaker: Nancy Hertzig
- 8:00 PM - 9:00 PM**                      **Two Xtraordinary Brothers**  
Speakers: Nancy Hertzig, Nick Hertzig
- 8:00 PM - 9:00 PM**                      **Surviving and Thriving! the Day to Day with Fragile X**  
Speaker: Kara Frech
- 8:00 PM - 9:00 PM**                      **Self Care for Mothers of Children With Fragile X Syndrome**  
Speaker: Christine Escobar-Sawicki
- 8:00 PM - 9:00 PM**                      **CARRIERS: Finding BALANCE, Physically and Emotionally in the Grips of Fragile X**  
Speaker: Frandi Mars
- 8:00 PM - 9:00 PM**                      **Pilates for Caregivers! Reduce Stress! Breathe! Improve your Posture! Stretch and Strengthen! Relax! Focus!**  
Speaker: Heather Crosby
- 8:00 PM - 9:00 PM**                      **A Fragile X Journey: Lessons in Navigation**  
Speaker: Kerry McCarthy Adams, MEd, ITFS
- 8:00 PM - 9:00 PM**                      **Using mindfulness and acceptance techniques to reduce stress and improve coping**  
Speaker: Anne Wheeler, PhD
- 9:00 PM - 10:00 PM**                      **Fragile X Premutation Screening in the Male IVF Population**  
Speaker: Lauren Yacobucci