

## Care Plan Checklist

- ☐ DNA testing, genetic counseling for information and cascade testing, especially for the females.
- ☐ Grief and supportive counseling for family
- ☐ Hearing assessment with audiologist
- ☐ Vision assessment with optometrist/ophthalmologist
- ☐ Assessment with podiatrist and or a physical therapist for orthotics and orthopaedic health
- ☐ Speech and language therapist to optimise communication strategies
- ☐ Psychologist: assess for IQ, ADHD, and ASD, behavior management strategies
- ☐ Occupational therapist for skills and access within workplace and day programs; sensory issues/coping and self-regulation skills, daily life skills and engagement in finding a balance in work, life, social, recreation, wellness
- ☐ Developmental paediatrician/neurologist/psychiatrist familiar with FXS
- ☐ Primary care physician for preventive health screen check

- ☐ Financial aid applications for funding
- ☐ Information on support organizations, e.g., NFXF
- ☐ Multidisciplinary assessment at Fragile X Consortium Clinic