

3. Living Settings

Independent Living:

Summary of Guidelines for Establishing a Private Home

By Marcia Braden, PhD

1. Purchase a home in a “neighbor-friendly” community.
 2. Fund it with private or trust monies.
 3. Look in an area close to community access (bus lines, grocery stores and vocational opportunities).
 4. Evaluate the home’s physical structure: number of bedrooms, common areas, baths, and places to recreate. Consider the neighborhood, demographics and socio-economic status.
 5. Solicit construction bids for renovation, taking into account accessibility for adults with challenges.
 6. Begin the process of soliciting donations for remodeling materials. (Home Depot, Sears, Target, and local proprietors.)
 7. Solicit monetary donations from local service groups, churches or associations.
 8. Solicit volunteer help for smaller remodeling projects such as painting, landscaping, etc.
 9. Acquire information about staffing services for the home setting, including both professional and volunteer staff.
 10. Establish remodeling and staffing costs.
 11. Establish a budget for utilities, food and incidental maintenance.
 12. Total up costs, divide by number of residents, and establish living costs for all residents.
 13. Host open houses during the remodeling process and encourage neighbors to attend to meet the residents and their families.
 14. Plan activities within the neighborhood and provide flyers about services the residents can provide (mail pick-up, plant watering, raking leaves, etc.).
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ADVANTAGES OF THE PRIVATE HOME MODEL

1. They are not subject to public facility requirements and restrictions.
2. Neighborhood and zoning may not be applicable, so more opportunities are available.
3. Staffing, liabilities, and agency involvement is limited.
4. You choose the location.

DISADVANTAGES OF THE PRIVATE HOME MODEL

1. The family and residents absorb all expenses.
2. Public resources are limited.
3. You must find staffing and do the background checks, etc.

OTHER LIVING OPTIONS *(Developed by a project workgroup)*

Because of the waiting list in some states for out-of-home placement (often very significant, up to 20 years), families are often joining together to find other options for their children. Buying a home as suggested above is just one possibility. Listed below are other ideas that parents across the country are considering.

For families who are looking for a “community” that includes people both with and without disabilities living in the same area:

1. Build their own “Camp Hill” which is mostly self-contained and self sustaining.
(See www.camphill.org for more information.)
2. Buy several condos in an existing complex that has a clubhouse, and pay for support people.
3. Build a city version of Camp Hill.

The point is that many families are not waiting for their disability organizations to provide living services. They are listening to their children and moving forward on their own, and doing what their children say they want. Unfortunately, not all families can afford such a luxury. There are many parents who have children still living with them as the parents age into their 60s and 70s. The children then move out only when their parents die. Imagine that transition for their “child!”

With this in mind, it is important to become active in your state, advocating for funds and services for adults with developmental disabilities. After the age of 21, your child no longer has the guarantee of services as he or she did under IDEA. Join with your local ARC to see what you can do!

LIVING SETTINGS CHECKLIST

The National Fragile X Foundation
 Adolescent & Adult Project, 2006
 Deborah A. Kwan, OTR/L

	Present and problematic	Present: not problematic	N/A	Comments
PHYSICAL STRUCTURE				
Security measures				
Smoke/fire detectors; fire extinguisher				
Carbon monoxide detectors				
Locks on doors				
Alarm system				
Steps vs. ramps				
One- vs. multi-level house				
Number of bathrooms				
Location/size of bedrooms				
Deck/other places to safely "hang out"				
Size/location of kitchen and family room				
STAFFING				
Ratio of staff to residents: weekday/weekday evenings				
Ratio of staff to residents: weekends				
Ratio of staff to residents: holidays				
Staffing, caregiver turnover: percentage per month/year				
Administrative turnover: percentage per month/year				
Training of staff/ability for staff to model appropriate behaviors				
Level of supervision				
Staff member(s) with exceptionally punitive, intrusive, and/or rigid personality				

Living Settings

	Present and problematic	Present: not problematic	N/A	Comments
ENVIRONMENT				
Small group of residents (less than 4)				
Cleanliness of grounds				
Cleanliness of living areas				
Cleanliness of bedrooms and baths				
Cleanliness of other residents				
Cleanliness of staff				
Routine maintained 7 days/week				
Variable routine weekdays vs. weekends				
Scheduled or encouraged "down-time" (the more down-time, the more negative behaviors often observed)				
Routine displayed prominently with pictures and words				
Dietary management provided				
SOCIAL DEVELOPMENT/INTERVENTION				
Routine activities/openness to new ideas for social activities				
Scheduled vs. spontaneous activities				
Required vs. optional activities				
Opportunity for therapeutic activities (music, art, drama)				
Opportunity for entertainment (pool, cards, etc.)				
Opportunity for leisure skills/hobbies				
Opportunity for shared/supervised work (yard, kitchen, etc.)				
Opportunities for trips to community events				
Shared bedrooms, bathrooms				

	Present and problematic	Present: not problematic	N/A	Comments
SENSORY ISSUES				
AUDITORY				
Barking dogs in neighborhood				
Housing located close to a busy street, railroad, airport, etc.				
Radio or TV playing throughout day				
Whistling, singing, self-talking, frequently heard within house				
Resident with particularly high-pitched or loud voice				
Number of residents				
Private bedrooms, bathrooms				
Shared bedrooms, bathrooms				
“Quiet area” available				
OLFACTORY (SMELLS)				
Fresh flowers present in house				
Scented cleaning products used				
Spicy or unusual types of food often prepared or cooked in living setting				
Scented body, bath, and hair products, perfumes, candles apparent in housing				
MOVEMENT				
Open-backed steps in stairways				
Available rocking chair				
Available outside swing				
Numerous flights of stairs to climb				
Stair railing available				
Heights of decks, stairs, windows				
Outdoor areas safe				
Opportunity for daily exercise				

Living Settings

	Present and problematic	Present: not problematic	N/A	Comments
VISUAL PROCESSING				
Fluorescent lighting				
Natural lighting				
Vertical shades in house				
Window shades kept down during day				
Messy environment				
Orderly environment				
Numerous distractions present (e.g. many residents constantly moving about, many staff changes during day, additional personnel, bright wall colors, etc.)				
TOUCH PROCESSING				
Enough chairs or sitting area for all residents in living setting				
Separate sleeping quarters				
Flooring allows for going barefoot				
Independent food choices allowed				
COMMENTS:				

The National Fragile X Foundation Adolescent & Adult Project Sample Interview Questions for a Care Provider

By Jayne Dixon Weber

Employment questionnaire laws and regulations differ from state to state. Neither the author nor the NFXF warrants that all of the following sample questions can be asked in your jurisdiction, although they do comport with federal law and California law. If you have any questions about the employment interview process, please consult with your state's Department of Fair Employment or equivalent agency, or consult with an attorney familiar with employment law in your jurisdiction.

Potential Provider's Name _____

Tell me a little about yourself.

Where did you grow up? Do you have fond memories of your childhood?

Tell me about one of them.

Where do your parents live? Can you tell me about your relationship with them?

And with siblings?

Tell me about your schooling. What or who influenced you there? What were your favorite subjects? Favorite teachers? Extra-curricular activities in which you participated?

What is your work experience? What kind of jobs did you have as a teenager?

What has been your favorite job so far? Were you ever fired? Do you have a supervisor I could call for a reference?

What is your experience with people who have developmental disabilities?

Have you ever spent time volunteering? What did you do? For how long?

What are your hobbies? Would you include our son in them or would you rather keep them as your own? What about if my son took up photography—would you feel like you had to do it, too, or would you be willing and comfortable to let him do that with other people that you helped him find?

What kind of music do you listen to? Are you willing to listen to the type of music our son likes?

What if he asks you to turn your music off? What if he does not want to ever listen to music?

Do you have an exercise routine? Are you willing to make sure that our son gets daily exercise—even if you don't feel like it yourself? Would you be willing to join in the type of exercise that our son likes even if you do not care for it? Would you be willing to teach our son a new sport or activity that you know about? If our son participated in a unified sport (one that includes people both with and without disabilities) that you love, would you insist on being a part of it or would you be content to be a spectator?

Living Settings

Do you like to cook? Will helping our son with his dietary needs be a problem for you?

What kind of books do you like to read? Will you read to my son, even if they're books that you don't personally enjoy? Do you get a newspaper? Will you work on reading with my son? Do you have any experience with that?

What are your sleep patterns? Morning/evening person? Will you have a problem with sticking to a routine for our son?

Do you watch TV? Would you sit with our son and watch what he wants sometimes? And talk to him about it? What kind of movies do you watch? Do you have a favorite(s)? It is very important that you monitor the movies that our son sees for violence and inappropriate sexual content—how will you do that?

What do you like to do on the weekends? Are you active? Do you like to “veg?” How will you decide what to do with our son?

Do you consider yourself a people person? How much socialization do you typically do in a week? Will you have get-togethers with friends on the weekends? Would you help host get-togethers with our son's friends?

We respect your privacy rights, but how will my son be exposed to significant others in your life? If those relationships raise questions for my son, will you discuss it with him?

What types of places have you lived in before?

Are you neat or messy or something in between? Are you used to doing yard work?

How is your current health? Do you have any physical limitations that might impact your work with our son?

Do you own a car? Adequate insurance? What is your driving record?

Tell me about your sense of humor, or tell me about the last thing (or some thing) you laughed about today.

Tell me about your capacity for patience. Give an example.

What are your smoking and drinking habits? Obviously, any illegal drug use is out of the question, but do you take any prescribed medications that would impact your ability to concentrate or focus on tasks, or in caring for my son's needs? If so, what would be your action plan in caring for your own health while not compromising my son's care?

Do you have any pets? What kind(s)? Would you consider getting a pet? Would you consider getting rid of a pet if our son is allergic to it or doesn't like it?

How do you deal with disappointment? Give an example.

Tell me about your strengths.

Your weaknesses?

What qualities or habits of other people most bother you?

How do you handle daily stress? Stressful events?

Talk about your attitude toward life. Do you have a basic philosophy you try to go by?

What do you know about our son's disability? Are you willing to learn about it?

How would you go about it?

What is your experience in teaching life skills? Are you willing to discuss his needs and set a plan?

How do you feel about dealing with toileting issues (day and night)? How do you feel about private sexual behavior that our son may engage in, such as masturbation, and will you be able to respect our wishes regarding the matter? *(Note: Parents should be clear, ahead of time, what their actual wishes are and what their instructions to the caregiver would be.)*

Do you know anything about IEPs? IPs?

If our son was having a hard time doing something, e.g., cutting up some meat, how would you approach it?

I assume you are aware that you would become partners with my spouse and I in the care of our son. Do you have any feeling, anxieties, or questions about that?

Tell me about how you resolve differences with others. Can you give an example? Do you have a plan for when you will need a break? If you use other respite providers, will you allow me to meet them? What if I disapprove?

Where do you see yourself in 5 years? 10 years?

Will you ever consider having others besides our son live with you?

What is your current schedule?

Do you have any questions for me?

Last question: why should we hire you?

NOTES:

When Your Young Adult Moves Out

By Jayne Dixon Weber

Every parent's dream? Yes, but...

You have given your child your best of “everything” for his whole life. You have given your attention, you have figured out ways to teach him, you have created the best IEPs you possibly could, and you have planned for the future.

Now that the future is here, how do you let go?

How can anyone else do what you have done for the last 20 years?

They will not do it as well as you have, but your child must learn to depend on someone other than you. Of course, that is easy to say, harder to see to completion.

The emotions you have are the same for any parent with a young adult who moves out, whether to college or into an apartment. You want this for your child. That is why you have worked so hard all these years.

So what are some strategies for dealing with this momentous event?

1. Make sure you are comfortable with where your child will be living. For many parents, that means close enough so that either of you can visit the other without too much hardship, but with enough distance so that neither of you can visit too easily.
 2. Interview your care provider carefully and thoroughly. There will always be issues that pop up that you will have to work through, so keep that in mind when choosing the person.
 3. Make sure your child has a daily schedule appropriate to him or her—a comfortable combination of activity, work, socialization, and down time.
 4. Set up regular communication—such as daily phone calls—with your child, and weekly meetings with the care provider. Make sure you each have emergency numbers of the other in case either needs to get ahold of the other right away.
 5. Make sure you get to see your child on a regular basis. Make this part of the weekly routine, knowing that you may need more visits in the beginning. Letting go is hard.
 6. Have a party at the new house for your and her friends.
 7. Make sure you have some of his “stuff” still at your house for when he comes to visit.
 8. Read books about empty nesters and how others have dealt with it. Ask friends for book recommendations or search the websites of the major booksellers.
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9. Know that it is an emotional time—and that is okay.
10. Celebrate by doing something you have always wanted to do.

Every parent's dream?

With the proper preparation and acceptance, I can answer: "Yes."

VARIOUS U.S. LIVING SETTINGS

There are a variety of living settings across the United States for people with developmental disabilities, and every state has its own process for your young adult to be considered for state-funded services. It is important to note that your child is not guaranteed anything when he or she turns 21 years old. Every state has different levels of services they provide to people, and most states have a waiting list for every level of service. Make sure you find out how your state works, about all the various levels of services, and that you are on the appropriate waiting lists. Get to know your case manager or the person who will help you obtain the services your child needs.

Following is a range of living services you may consider for your child, from least to most restrictive:

1. Completely independent
2. Shared living environment
3. Solo living environment with intermittent case manager/care provider
4. Shared living environment with intermittent case manager/care provider
5. Communal living, such as a "Camp Hill" environment
6. Group home—numbers can vary—with a responsible adult always onsite
7. Residential/assisted living with larger number of residents and opportunities to explore various types of employment and increased living skills
8. State institutions/developmental centers, only considered for individuals who are a danger to themselves or others

Note: States or regions may have various terms for identical living situations. For example, one state might call a setting "prevocational training residence" and another state might refer to the same setting as "assisted living." Therefore, consider the description rather than the term.

There may be other variations of the situations listed above, but the most important consideration is to evaluate your child's individual needs when considering a living setting.

LIVING SETTINGS BY STATE

The following is a sample of living settings information found in the United States. Please note that it is not a complete list of facilities. It is intended as a starting point for your own investigations into what you think will be best for your young adult. To find out more about living settings in your own state, contact your local disability organization or The ARC at www.thearc.org.

Accessing resources on this list in no way guarantees that your young adult can attend any specific setting. Most settings have specific requirements, not the least of which is an often extensive waiting list. Some are offered only to residents of that state. The National Fragile X Foundation does not endorse or claim any responsibility for the resources listed here.

ALABAMA

Volunteers of America North Alabama
256-830-1146 / 888-900-2886
www.voana.org/Website/Programs2.htm

ALASKA

Access Alaska
121 W. Fireweed Ln., Ste. 105
Anchorage, AK 99503
907-248-4777
www.accessalaska.org

Mat-Su Services for Children
and Adults, Inc. (MSSCA)
Wasilla, AK
907-352-1200
e-mail: mssca@mssca.org.

ARIZONA

The Blake Foundation
Administration Office
5704 E. Grant Rd.
Tucson, AZ 85712
520-327-1529 / 800-775-2256
www.blakefoundation.org

ARKANSAS

United Cerebral Palsy of Arkansas
9720 North Rodney Parham Rd.
Little Rock, AR 72227
501-224-6067 / 800-228-6174
www.ucpcark.org/ucpservices.html#Living

CALIFORNIA

Camphill Communities California (adult)
PO Box 221
Soquel, CA 95073
831-476-7194
www.camphillca.org

Devereux
Devereux Santa Barbara
(supported living services only)
PO Box 6784
Santa Barbara CA 93160
805-968-2525
www.devereux.org/site

COLORADO

Carmel Community Living Corporation
Corporate Office:
3030 Sterling Cir.
Boulder, CO 80301
303-444-0573 Ext. 39 / 888-854-0573
www.carmelcorp.com

Arkansas Valley Community Center
1500 San Juan Ave.
La Junta, CO 81050
719-384-8741
www.arkvalleyccb.org

Harmony Living Center
33 North Main St.
Brighton, CO 80601
303-659-6992
users.aol.com/harmonyhms/main.html
harmonyhms@aol.com
Round Up Fellowship
2250 South Oneida St., Ste. 201
Denver, CO 80024
303-757-8008
www.rup.org

CONNECTICUT

Corporation for Public Management
75 Summit St.
Manchester, CT 06040
860-646-8683
www.partnersforcommunity.org

Ability Beyond Disability
4 Berkshire Blvd.
Bethel, CT 06801
888-832-8247
www.abilitybeyonddisability.org

DELAWARE

Delmarva Community Services, Inc.
Main Offices:
Dorchester MAC Senior Program &
Cambridge South Dorchester Adult
Medical Day Care
2450 Cambridge Beltway
Cambridge, MD 21613
PO Box 637
410-221-1900
www.dcsinc-ddust.org/residential.htm

FLORIDA

The Jewish Association for Residential
Care (JARC)
21160 95th Ave. S.
Boca Raton, FL 33428
561-558-2550
www.jarcgrouphomesfl.org

Self Reliance, Inc. Center for
Independent Living
11215 N. Nebraska Ave., Ste. B-3
Tampa, FL 33612-5774
813-975-6560
www.self-reliance.org

Quest, Inc.
Orlando/Apopka, FL (Headquarters)
380 Semoran Commerce Place, Ste. B-204
Apopka, FL 32704
407-889-4530
www.questinc.org

GEORGIA

Annandale Village (18 and over)
3500 Annandale Ln.
Suwanee, GA 30024-2150
770-345-8381
www.annandale.org

Jewish Family and Career Services
Independent Living Program
770-677-9300
www.jfcs-atlanta.org

Georgia Community Support and Solutions
Independent Living Program
404-634-4222
www.gacommunity.com

HAWAII

Residential Alternatives Community
Care Program (RACCP)
808-261-1534

Assisted Living Options of Hawaii
PO Box 22597
Honolulu, HI 96823-2597
808-838-7965
www.assistedlivinghawaii.com/alf.htm

IDAHO

Living Independently Forever, Inc.
Cherry Lane Center
1552 N. Crestmont Dr., Ste. D
Meridian, ID 83642
208-888-0076
secure1.fiberpipe.net/lifeincidaho/living_ program.asp

ILLINOIS

Beverly Farm (18 and over)
6301 Humbert Rd.
Godfrey, IL 62035
618-466-0367 Ext. 681
www.beverlyfarm.org

INDIANA

Indiana Family and Social Services
Administration
Office of Communications
PO Box 7083
Indianapolis, IN 46207-7083
www.in.gov/fssa/servicedisabl/ddguide/ residential.html

Carey Services
2724 S. Carey St.
Marion, IN 46953
765-668-8961
www.careyservices.com

IOWA

Housing Information for Iowa City
LIFE Skills, Inc.
Eastdale Plaza, Ste. 25E
1700 First Ave.
Iowa City, IA 52240
319-354-2121
www.jeonet.com/city/housing.htm

KANSAS

Heart Spring School (5-21)
8700 East 29th St. North
Wichita, KS 67226
1-800-835-1043
www.heartspring.org

KENTUCKY

Stewart Home School
4200 Lawrenceburg Rd.
Frankfort, KY 40601
502-227-4821
www.stewarthome.com
ResCare
10140 Linn Station Rd.
Louisville, KY 40223
502-394-2100
www.rescare.com

Cedar Lake
7984 New LaGrange Rd.
Louisville, KY 40222
502-425-5323
www.cedarlake.org

LOUISIANA

Resources for Independent Living
3616 South I-10 Service Rd. West, Ste. 111
Metairie, LA 70001
800-505-2260 / 504-522-1955
www.noril.org

MAINE

Forest Avenue Apartments
1300 Forest Ave.
Portland, ME 04103
207-797-7120
forestave@crotchedmountain.org

MARYLAND

Delmarva Community Services, Inc.
Main Offices:
Dorchester MAC Senior Program &
Cambridge South Dorchester Adult
Medical Day Care
2450 Cambridge Beltway
Cambridge, MD 21613
PO Box 637
410-221-1900
www.dcsinc-ddust.org/residential.htm

Hughes House
10720 Georgia Ave.
Wheaton, MD 20902
301-949-8383
www.hughesumc.org/HH.html
Lt. Joseph P. Kennedy Institute
301-562-1375

MASSACHUSETTS

Cotting School
Hope House
453 Concord Ave.
Lexington, MA 02421
781-862-7323
www.cottinghopehouse.org

Evergreen Center (18 and over)
345 Fortune Blvd.
Milford, MA 01757
508-478-5597
services@evergreenctr.org

Melmark New England School (5-21 years)
Adult Programs (21 and over)
50 Tower Office Park
Woburn, MA 01801
781-932-9211 Ext. 251
www.melmarkne.org

Specialized Housing, Inc.
617-277-1805
www.specializedhousing.org

MICHIGAN

JARC
30301 Northwestern Hwy. Ste. 100
Farmington Hills, MI 48334
248-538-6611 V/TTY
248-538-6615 Fax
jarc@jarc.org

MOKA

425 West Western Ave., Ste. 304
Muskegon, MI 49440
800-644-2434
www.moka.org

MINNESOTA

Camphill Village Minnesota (over 18)
15136 Celtic Drive
Sauk Centre, MN 56378
320-732-6365
www.camphillvillage-minnesota.org

Southwestern Center for
Independent Living
109 South Fifth St., Ste. 700
Marshall, MN 56258
800-422-1485 / 507-532-2221
www.swcil.com/mission.htm

*Living Settings***MISSISSIPPI**

South Mississippi Regional Center
1170 West Railroad St.
Long Beach, MS 39560-4199
228-868-2923
www.smrc.state.ms.us

MISSOURI

Independent Living Center of
Southwest Missouri
809 West Pine
Poplar Bluff, MO 63901
888-890-2333 / 573-686-2333
www.ilcsm.org

Ozark Independent Living
109 Aid Ave.
White Plains, MO 65775
888-440-7500 / 417-256-8714
users.townsq.com/ozark

West-Central Independent Living
Solutions, WILS
123 East Gay St., Ste. A1
Warrensburg, MO 64093-1845
660-422-7883 / 800-236-5175
www.w-ils.org

MONTANA

Summit Independent Living Center, Inc.
700 SW Higgins, Ste. 101
Missoula, MT 59803
800-398-9002
406-728-1630
www.summitilc.org

A.W.A.R.E. Inc.
118 E. Seventh St.,
Anaconda, MT 59711
406-563-8117
www.aware-inc.org

NEBRASKA

Nebraska Independent Living Centers
List of centers with contact information.
www.virtualcil.net/cils/docs/ne.html

NEVADA

Northern Nevada Center for
Independent Living
999 Pyramid Way
Sparks, NV 89431
800-552-5588 (*only in NV*) / 775-353-3599
www.medtech-services.com/nncil.htm

NEW HAMPSHIRE

Crotched Mountain (18-21, residential
setting with school program only)
One Verney Dr.
Greenfield, NH 03047
603-547-3311 Ext. 494 / 800-966-2672
www.crotchedmountain.org

Crotched Mountain (adults)
Apartment Manager Courtyard Apartments
245 N Main St.
Manchester, NH 03102
603-641-2537 / 603-641-2537 FAX
courtyard@crotchedmountain.org
www.crotchedmountain.org

NEW JERSEY

The Arc of Somerset County
141 South Main St.
Manville, NJ 08835
908-725-8544
www.thearcofsomerset.org

Alternatives, Inc.
600 First Ave.
Raritan, NJ 08869
908-685-1444
www.alternativesinc.org

NEW MEXICO

Tobosa Developmental Services
110 E. Summit St.
Roswell, NM 88203
505-624-1025
www.trytobosa.org

NEW YORK

Camphill Village USA, Inc. (over 21)
84 Camphill Rd.
Copake, NY 12516
518-329-1988
www.camphillvillage.org

Greenbush Village Apartments
25 Crotched Mountain Way
East Greenbush, NY
518-449-0777
gva@crotchedmountain.org

Triform Camphill Community (18-30)
20 Triform Rd.
Hudson, NY 12534
518-851-9320
www.triform.org

You and I Program
YAI/National Institute for
People with Disabilities
460 West 34th St.
New York, NY 10001-2382
212-273-6182
www.yai.org

NORTH CAROLINA

Pathways for the Future,
Independent Living Center
525 Mineral Springs Dr.
Sylva, NC 28779
828-631-1167
www.pathwayscil.org

Western Alliance Center for
Independent Living
30-B London Rd.
Asheville, NC 28803
828-274-0444
www.westernalliance.org

NORTH DAKOTA

Anne Carlsen Center for Children
701 Third St. NW
Jamestown, ND 58401
800-568-5175
www.annecenter.org

Minot Vocational Adjustments
Workshop, Inc. (MVAW)
605 27th St. SE / PO Box 1030
Minot, ND 58701-1030
701-852-1014
www.mvaw.org

OHIO

Residential Management Systems, Inc.
7162 Reading Rd., Ste. 610
Cincinnati, OH 45237
513-841-0990
www.teamrms.com/index.htm

OKLAHOMA

Oklahoma Developmental Disabilities
Services Division
405-521-6267
www.okdhs.org/ddsd

Oklahoma Independent Living Services
3535 N.W. 58th St., Ste. 500
OKC, OK 73112-4815
800-845-8476 / 405-951-3400
www.onenet.net/~drspiovm/il.htm

Sandra Beasley Independent Living Center
Oakwood Centre, Ste. B-1
705 S. Oakwood Rd.
Enid, OK 73703
800-375-4358 / 580-237-8508
members.tripod.com/~Lew_3/index.html

OREGON

Department of Human Services
Seniors and People With Disabilities
500 Summer St. NE E02
Salem, OR 97301-1073
503-945-5811
www.oregon.gov/DHS/dd/adults/residential.shtml

PENNSYLVANIA

Camphill Special School (18-21)
1784 Fairview Rd.
Glenmoore, PA 19343
610-469-9236
www.beaverrun.org/home.asp

Contacting Camphill Soltane (18-25)
224 Nantmeal Rd.
Glenmoore, PA 19343
610-469-0933
www.camphillsoltane.org

Camphill Village Kimberton Hills, Inc.
(over 21)
PO Box 1045
Pughtown Rd.
Kimberton, PA 19442
610-935-0300
www.camphillkimberton.org

Dr. Gertrude A. Barber National Institute
Barber Resources For Delaware Valley
Monroe Building, Ste. 150
Presidential City
One Winding Drive
Philadelphia, PA 19131
215-871-0731
BNlphil@barberinstitute.org

Dr. Gertrude A. Barber National Institute
Ohio River Valley Division
70 Abele Rd., Ste. 1201-1203 B
Bridgeville, PA 15017
412-220-6030
BNlpgbh@barberinstitute.org

Dr. Gertrude A. Barber National Institute
100 Barber Pl. (136 East Ave.)
Erie, PA 16507
814-453-7661
BNlerie@barberinstitute.org

Devereux
Devereux Pocono Center
1547 Mill Creek Rd.
Newfoundland, PA 18445
800-345-1292
www.devereuxpocono.org

Martha Lloyd Community Services
190 West Main St.
Troy, PA 16947
570-297-2185 Ext.268
www.marthalloyd.org

RHODE ISLAND

Rhode Island Directory of Independent
Living Center
www.virtualcil.net/cils/docs/ri.html

SOUTH CAROLINA

Laurens County Disabilities and Special
Needs Board
1860 Highway 14
PO Box 986
Laurens, SC 29360
864-682-2314
www.lcdsnb.org

SOUTH DAKOTA

Prairie Freedom Center for Independent
Living VSA Arts
301 S. Garfield Ave., No. 8
Sioux Falls, SD 57104
605-367-5630
www.vsarts.org/x345.xml

Sioux Vocational Services, Inc.
Sioux Falls, SD 57105
605-336-7100

TENNESSEE

Mid-TN Supported Living, Inc.
Learning Community South
615-467-0463
www.learningcommunitysouth.com

TEXAS

Disability Assistance of Central Texas
9027 Northgate Blvd., Ste. 101
Austin, TX 78758
512-834-1827
www.dact.org/access/supported_living.html

UTAH

Utah Department of Human Services
Services for People with Disabilities
120 North 200 West, Rm. 411
Salt Lake City, UT 84103
801-538-4200 / 800-837-6811

VERMONT

VocRehab Vermont
103 South Main St., Osgood II Building
Waterbury, VT 05671-2303
866-VRWORKS
www.vocrehabvermont.org

VIRGINIA

Innisfree Village
5505 Walnut Level Rd.
Crozet, VA 22932
434.823.5400
www.innisvillage.org

Endepence Center, Inc.
15 Koger Center, Ste. 100
6320 North Center Dr.
Norfolk, VA 23502
757-461-8007
sites.communitylink.org/eci/nonframes.htm

WASHINGTON

Washington Coalition of Citizens w
ith Disabilities
4649 Sunnyside Ave. N., Ste. 100
Seattle, WA 98103
866-545-7055 / 206-545-7055
www.wccd.org

WEST VIRGINIA

Autism Services Center
Huntington, WV 25701
304-525-8014
www.autismlink.com/services.php?state=W
V®ion=&servicetype=5

WISCONSIN

Oconomowoc Developmental Training
Center (18-21 years)
36100 Genesee Lake Rd.
Oconomowoc, WI 53066
262-569-5515
www.ODTC-WI.COM

Chileda (17-22 years)
1020 Mississippi St.
La Crosse, WI 54601
608-782-6480 Ext. 226 or Ext. 222
www.chileda.org

IndependenceFirst
600 West Virginia St. 4th Floor
Milwaukee, WI 53204-1516
414-291-7520
www.independencefirst.org/home/index.asp

Catholic Charities Bureau of the
Superior Diocese
www.ccbssuperior.org

WYOMING

Rehabilitation Enterprises of
North Eastern Wyoming
1969 S. Sheridan Ave.
Sheridan, WY 82801
888-309-2020 / 307-672-7481
www.renew-wyo.com

References

“Through Asking the Right Questions...You Can Reach Your Destination”

For questions to ask providers when making decisions about residential supports for family members with disabilities:

<http://rtc.umn.edu/questions/index.html>

Individual Service Planning (ISP)

All individuals receiving funded services are required to have an individualized plan of care or individual support plan

www.oregon.gov/DHS/dd/adults/isp.shtml

Gavilan College

5055 Santa Teresa Blvd.

Gilroy, CA 95020

408-848-4800

www.gavilan.edu/

Vocational Training Program for Adults with Developmental Disabilities

www.gavilan.edu/dsps/classes.html

To find other colleges that offer vocational training programs for adults with developmental disabilities: Search by those words on the Internet.
